



Wednesdays// 7:00 pm

The Fruit of the Spirit

**Session Eight
The Fruit of Gentleness**

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Matt 5:5: Blessed *are* the meek [gentle], for they shall inherit the earth.

Titus 3:1-2: Remind them to be subject to rulers and authorities, to obey, to be ready for every good work, to speak evil of no one, to be peaceable, gentle, showing all humility to all men.

Matt 11:28-30: Come to Me, all *you* who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke *is* easy and My burden is light."

1 Cor. 4:21: What do you want? Shall I come to you with a rod, or in love and a spirit of gentleness?

1 Thess. 2:7: But we were gentle among you, just as a nursing *mother* cherishes her own children.

1 Peter 3:15 (NIV): Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect.

James 3:17: But the wisdom that is from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without partiality and without hypocrisy.

Eph 4:1-2: I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called, with all lowliness and gentleness, with longsuffering, bearing with one another in love.

Gal 6:1: Brethren, if a man is overtaken in any trespass, you who *are* spiritual restore such a one in a spirit of gentleness, considering yourself lest you also be tempted.

Small Group Interaction:

1. One of the definitions of gentleness is "strength under control" like a wild animal that has been tamed. Talk about a time when you wanted to let someone have it, but chose gentleness instead.
2. In what way did the apostle Paul demonstrate by example the fruit of gentleness?
3. Explain why the fruit of gentleness would play such an important role in talking to someone who is lost about coming to faith in Jesus Christ? (1 Peter 3:15)
4. Why would the fruit of gentleness also be important in restoring a Christian who has become disillusioned or fallen into sin? (Gal. 6:1)